



LEARNING GUIDE



TEDDY TIME

JOURNEYS AT SEA

Reception - Year 2 Program

SA Maritime Museum

- About the program
- Curriculum links
- Learning Resources
 - Pre-Visit
 - Post-Visit
- Extended learning
- Keep exploring with Opal Wonders

Supported by



Government
of South Australia
Department for Education



ABOUT THE PROGRAM

Teddy Time: Journeys at Sea is a curriculum-aligned, play-based learning experience that introduces Foundation to Year 2 students to historical concepts and skills through storytelling and imaginative roleplay.

Through an interactive story time, students pose questions, use time language and compare past and present experiences. A series of hands-on activities provide opportunities to playfully explore what it was like to travel to Australia by sea in the past.



WHAT TO BRING

- **A teddy or other soft toy** - Please encourage students not to bring their most treasured toy. While there is no messy play involved, we want to avoid the risk of a much-loved teddy being misplaced.
- **A small excursion bag** - Storage space at the museum is limited, so ask that students bring a small bag instead of a large backpack if possible.

HOW THE PROGRAM WORKS

After participating in an interactive story time, students will prepare their teddies for travel. They will then be divided into five groups of approximately 4–5 students and rotate through a series of activity stations. You may choose to organise the groups in advance, or we can assist with grouping on the day. There are five play stations in total, and there is usually sufficient time for each group to complete four rotations.



ACTIVE SUPERVISION

This program works best with active and engaged adult supervision. **Please let your supervising parents/carers know they will likely be accompanying a small group of students and helping them navigate the activity stations.** The students will need guidance and supervision while they explore the materials and play. Ideally, the program operates with a ratio of one supervising adult to every five children; however, we understand this may not always be possible. Our Visitor Engagement Officer is available to assist with group supervision if needed.



CURRICULUM LINKS



FOUNDATION HASS

- AC9HSFK01 – the people in their family, where they were born and raised, and how they are related to each other
- AC9HSFS01 – pose questions about familiar objects, people, places and events
- AC9HSFS03 – share a perspective on information, such as stories about significant events and special place

YEAR 1 HASS

- AC9HS1K02 – continuity and change between aspects of their daily lives and their parents' and grandparents' childhoods
- AC9HS1S03 – interpret information and data from observations and provided sources, including the comparison of objects from the past and present
- AC9HS1S04 – discuss perspectives related to objects, people, places and events

YEAR 2 HASS

- AC9HS2K02 – how technological developments changed people's lives at home, and in the ways they worked, travelled and communicated
- AC9HS2S01 – develop questions about objects, people, places and events in the past and present
- AC9HS2S03 – interpret information and data from observations and provided sources, including the comparison of objects from the past and present
- AC9HS2S04 – discuss perspectives related to objects, people, places and events



LEARNING RESOURCES

These resources are designed to support learning before and after your museum visit. You can download the files from the [Teddy Time: Journeys at Sea](#) webpage.

PRE-VISIT

* Activity: Teddy Passports

During the program, students will build a passport for their teddies. To help the program run smoothly, we encourage you to begin working on these passports with students at school beforehand. If this is not possible, we will have a supply of passports printed, ready for use.

Printing and assembly instructions:

1. Download the Files

- Download the passport file:
 - [Full colour version](#)
 - [Low colour version](#)
 - Also available on the [Teddy Time webpage](#)
- Each file printed will create two passports.

2. Print the Document

- Print the file double-sided, flipped on long edge.

Option for low colour version:

- Print pages 1–2 (cover) on coloured paper.
- Print the remaining pages (inner pages) on white or light-coloured paper.

3. Prepare the Cover

- Fold the cover in half along solid grey lines, then in half again.

4. Prepare the Inner Pages

- Cut the pages in half along the dotted grey lines.
- Fold each piece in half along the solid grey lines.

5. Assemble the Passport

- Insert one folded inner page set into one folded cover.
- Check that the page numbers are in the correct order.
- Staple with long-armed stapler.
- Repeat the process to assemble the second passport.



LEARNING RESOURCES

POST-VISIT

- * **Activity: Preparing for a Long Journey**
Building on their experiences during the *Teddy Time* program, students choose six things they would pack for a long journey for their teddy. Includes an option for writers and drawers.
- * **Activity: Write a Postcard**
Students use what they have learnt about long journeys by sea in the past and write a postcard about their experiences from the perspective of their teddy.
- * **Presentation: Travel in the Past**
Use this presentation to help students reflect on their visit to the museum and practice their writing skills. The 'Sentence starters' and 'Word bank' slides can be used alongside the 'Write a Postcard' resource, providing scaffolding to enhance student writing.



EXTENDED LEARNING

To dive even deeper into their excursion experience, here are some more ideas you can try out to extend your students' learning.

SAUERKRAUT

Sauerkraut was a great food to take on long sea journeys because of its high Vitamin C content. It helped sailors and passengers stay healthy and avoid scurvy, a disease that made people feel weak and unwell.

You could bring in a jar of sauerkraut for your students to taste, or even try making it together! It's a fun hands-on activity that's cheap and easy to do.

Easy classroom sauerkraut

Ingredients:

- 1 small green cabbage
- 1 heaping tablespoon salt (not iodized)

Prepare in advance:

- Slice the cabbage thinly or shred in a food processor. Place in large ziplock bag and refrigerate.
- Find a large jar or several smaller jars and wash thoroughly.

With students:

1. Make sure all hands and equipment are clean.
2. Put cabbage in a large bowl and add salt.
3. Squeeze and mix for a couple of minutes until it gets soft and juicy. Students can take turns.
4. Pack cabbage tightly into very clean jars and pour over any liquid. Press the cabbage down so it stays under the liquid.
5. Leave at room temperature out of direct sunlight for 3-5 days.
6. When it's sour, it's ready to taste!

Note: The process of lacto-fermentation naturally stops the growth of any harmful bacteria, but if you notice anything that concerns you, such as mould, please throw it away.



QUOITS

Quoits is a traditional throwing game where players try to toss rings over pegs to score points. People have been playing games like quoits for hundreds of years — sailors, soldiers and families often played it for fun and friendly competition.



DIY Quoits

Materials:

- newspaper
- masking tape
- permanent marker
- firm cardboard
- cardboard tubes or empty plastic bottles
- string (optional)
- paint (optional)

Step 1: Make the newspaper rings

1. Roll sheets of paper into long tubes
2. Bend each tube into a circle
3. Overlap the ends and use tape to secure tightly
4. Wrap with tape or string to make them even stronger

Step 2: Make the targets

1. Stand cardboard tubes or empty bottles upright on firm cardboard base
2. Use tape to secure them
3. Write different point values on each target

Step 3: Decorate (optional)

- Paint the rings or targets
- Add stickers

Step 4: Play!

1. Stand a short distance away
2. Take turns throwing the rings
3. Count up the points



KEEP EXPLORING WITH OPAL WONDERS

Enjoyed meeting Opal and Granopie during *Teddy Time*? Check out *Opal Wonders* - a five-part, animated series with curriculum-aligned teaching resources and conversation prompts designed for Reception to Year 2 learners.

Visit <https://education.history.sa.gov.au/resource/opal-wonders/>



For more from Education at the History Trust of South Australia, visit:

<https://education.history.sa.gov.au/>

<https://www.youtube.com/c/EducationatHistoryTrustofSouthAustralia>

